



**Lititz Christian
Athletics
Health and Safety Plan**

Rev 11.24.20

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Key Questions and Summary Responses to Resuming Athletic-Related Activities

Key Question 1: How do you plan to bring student athletes and staff back to physical school buildings, particularly if social distancing is still required?

We plan to have student athletes back in a phased reopening.

Phase 1: This initial phase will begin on Tuesday August 4, 2020 and will involve open gyms, open soccer, summer league contests, camps, and other out of season organized team activities.

Phase 2: The second phase will begin with the start of Fall Preseason practices on Monday August 17, 2020.

Phase 3: The Winter sports Season Phase will begin on Friday November 20 with the start of Preseason practices.

Key Question 2: How did you engage stakeholders in the decision to resume sports-related activities, including try-outs, conditioning, practices, and games?

All Lititz Christian School coaches have been given access to this plan. Local, state and school health officials were consulted in the planning of this document.

Key Question 3: How will you communicate your plan to your local sports and school communities?

This document will be posted to the school's website for access by all stakeholders, as well as emailed directly to all key administration, coaches, all middle and high school LC families, Orthopedic Associates of Lancaster, official assigners, and to Grace Church.

Athletic Department Primary Point(s) of Contact:

Ryan McCracken, Athletic Director, ryan.mccracken@lcstaff.net

Allan Dunk, Assistant Athletic Director, allan.dunk@lcstaff.net

Action Plan for COVID-19 Cases:

Positive COVID-19 Test Result

An athlete or coach that tests positive for COVID-19 must disclose the positive test result to the School Administration and Athletic Department.

An athlete or coach that tests positive for COVID-19 must be quarantined for 14 days and have no symptoms in order to return.

Athletes training on the same team as the COVID-19 carrier will be notified of the potential exposure, but the privacy of the carrier's name will be maintained.

Symptom Identification

An athlete or coach who identifies a symptom at home or during the screening process may not return to practice or participation until they are symptom free for at least 48 hours without the use of any medicinal aids.

An athlete or coach who exhibits a symptom during the pre-activity screening process or during an activity will be immediately moved to the quarantine room of the facility in which they are in, and parents will be contacted for immediate pick up.

Participant Disqualification

The Health Director, Athletic Director, School Nurse, Athletic Trainer and Coaches reserve the right to remove athletes from practice or games if they believe that the health and safety of a participant poses an unacceptable risk.

COVID-19 Education by Teams:

The Athletic Director and Assistant to the Athletic Director are responsible for the execution of this portion of the plan.

Athletic Department Point of Contact and Secondary Point of Contact COVID-19 Education

- The Athletic Department will regularly review recommendations specific to Athletic Safety published by the CDC, PIAA, NFHS, and other governing bodies.
- The Athletic Department will regularly work to ensure that facilities and equipment are adequately sanitized after each use.

Coaching Staff Education

- Each sport's coaching staff will be updated if there is a change to the Athletics Health and Safety Plan.
- Each sport's coaching staff will be updated with any new guidance from the CDC, PIAA, NFHS or any substantive changes to the LC Health and Safety Plan

Winter Sports Phase

Athlete Procedures:

- All participants must wash hands at the start and end of each activity.
- All participants will maintain social distancing as much as possible while still having effective practices and games.
- All participants will limit shared equipment
- All participants will refrain from activities that encourage the transmission of disease (eg. spitting, high fives, hugging, etc.)
- Athletes are required to wear face coverings for all basketball activities except when they are engaged in physical activity (as per Section 3A and 3B of the Department of Health order).
- All participants are required to bring their own water bottle to all activities. There is no sharing of water bottles. Participants are NOT permitted to use public water fountains.

Coach Procedures:

- All participants will maintain social distancing as much as possible while still having effective practices and games.
- All participants will limit shared equipment
- All participants will refrain from activities that encourage the transmission of disease (eg. high fives, hugging, etc.)
- Masks should be worn at all times for practices and games including when entering and exiting the building. (as per DOH/PIAA)

- Daily attendance will be taken and maintained on file for the duration of the season.
- Sanitization of equipment is required after each training session and competition.

Fan Procedures:

*As per the CCAC/PIAA, spectators are required to wear face masks at all times when attending basketball games. This will be the rule in all gymnasiums for the winter season. (as per CCAC and PIAA guidelines)

*For home games, we will plan to admit 25 home fans into the gym. This will require all fans to reserve tickets for all contests. This is to ensure that we are in compliance with the 10% capacity rule.

*For away games, each school will have their own policies on visiting team fans and how many will be permitted. Communication about these policies will be sent to you prior to each away game.

Locker Rooms:

Will be accessible to LC basketball players. The Athletic Department will create a list of groups to ensure that the number of student athletes in the locker room does not exceed 5 at any time. Social distancing and face covering policies apply to the locker room.

Locker Room Rosters are attached.

Transportation:

It is our hope to have bus transportation for all away contests this winter. All individuals riding the bus will be required to wear a face covering and will be subject to a temp check before boarding the bus. Bus seating will be limited to one or two individuals per seat. It is important to note that bus windows should be open whenever reasonable to allow for ventilation.

Visiting Teams in the building:

It is the expectation of Lititz Christian School and the CCAC that all opposing teams will come dressed and ready for competition. As a result, the visiting school will not have access to the locker room during their stay. The school's teams will be given a classroom to meet in prior to, during, and after competition. This room will be Room 204 or 205 and will be assigned by the AD on duty. It is important to note that the school will have one classroom (total) for all of its team to use, so when not using it is encouraged that they are in the spectator seating area designated for them.

Finally, it is expected that all visiting players, coaches, and spectators will be wearing a face covering throughout their stay at LC. Health screenings will take place prior to arriving on our campus and therefore will not be done by Lititz Christian School.