



Intramural Sports Program at Lititz Christian School

Purpose of the Program:

The intramural program at Lititz Christian School will provide students in grades 1-4 the opportunity to learn about the sport (basketball, volleyball, and soccer), learn and develop the skills necessary for that sport, and enjoy the sport through game play. This program will prepare students effectively for entrance into the Middle School athletic programs at LC.

Objective of the Program:

*The Program will allow Varsity Coaches and Athletes to work with and build relationships with the elementary aged students. Create more of a program mentality.

*The Program will provide a fundamental foundation in the sport for the participants that will allow for a smooth transition into the Middle School athletic teams at LC.

*The Program will expand the depth of the athletic program at LC to include students from grades 1-12 and further develop the school wide unity and fellowship that is desired at LC.

*The Program will be an outreach to the community as we desire to have “outside” student’s participate in the program. This would also serve as exposure for our school that could lead to prospective students.

Goals of the Program:

*The participants will identify sport(s) they enjoy and have a desire to compete in at a higher level.

*The participants will actively participate in fun drills and activities that will teach and provide practice in the fundamental skills needed for that sport.

Basketball

Basketball Instruction: There will be a practice day each Monday for the four weeks of the season. Each practice will be devoted to one of the fundamental skills of basketball (dribbling, passing, shooting) and will prepare the students for a fun and engaging game of basketball. Skill instruction and practice will be led by some of the basketball coaches at LC in addition to Mr. McCracken. The practice dates and times for basketball are posted below.

Basketball Games: The students will have the opportunity to play basketball in a game setting each Friday during the basketball season. There will be coaches for each team and each game will have an official to help ensure the students are learning the rules of the game as well. LC coaches, players, and athletic staff will help the students on game days. The game dates are listed below.

Practice Dates for Basketball

Monday, February 26 2:45 pm- 3:45 pm
Monday, March 4 2:45 pm- 3:45 pm
Monday, March 11 2:45 pm- 3:45 pm
Monday, March 18 2:45 pm- 3:45 pm

Game Dates for Basketball

Friday, March 1 6:00 pm- 8:00 pm
Friday, March 8 6:00 pm- 8:00 pm
Friday, March 15 6:00 pm- 8:00 pm
Friday, March 22 6:00 pm- 8:00 pm

Volleyball

Volleyball Instruction: There will be a practice day each Thursday for the four weeks of volleyball. Each practice will be devoted to one of the fundamental skills of volleyball (serving, passing, setting, hitting) and will prepare the students for a fun and engaging play day at the end of all of the training sessions. Skill instruction and practice will be led by some of the volleyball coaches at LC in addition to Mr. McCracken. The practice dates and times for volleyball are posted below.

Practice Dates for Volleyball:

Thursday, April 4 2:45 pm- 3:45 pm
Thursday, April 11 2:45 pm- 3:45 pm
Thursday, April 18 2:45 pm- 3:45 pm
Thursday, April 25 2:45 pm- 3:45 pm

Tournament Play Day:

Saturday, April 27 9:00 am- 12:00 pm

Soccer:

***Soccer Instruction:** There will be a practice day each Monday for the four weeks of the season. Each practice will be devoted to one of the fundamental skills of basketball (dribbling, passing, shooting) and will prepare the students for a fun and engaging game of soccer. Skill instruction and practice will be led by some of the soccer coaches at LC in addition to Mr. McCracken. The practice dates and times for soccer are posted below.

Soccer Games: The students will have the opportunity to play soccer in a game setting each Saturday morning during the season. There will be coaches for each team and each game will have an official to help ensure the students are learning the rules of the game as well. LC coaches, players, and athletic staff will help the students on game days. The game dates are listed below.

Practice Dates for Soccer:

Monday, April 29 2:45 pm- 3:45 pm
Monday, May 6 2:45 pm- 3:45 pm
Monday, May 13 2:45 pm- 3:45 pm
Monday, May 20 2:45 pm- 3:45 pm

Game Dates for Soccer:

Saturday, May 4 9:00 am
Saturday, May 11 9:00 am
Saturday, May 18 9:00 am
Saturday, May 25 9:00 am

Intramural Details

*Cost of the Program:

Basketball: \$60. registration fee

Volleyball: \$45. registration fee

Soccer: \$60. registration fee

Cash or checks are acceptable methods of payment. Checks should be made payable to Lititz Christian School.

Special Offer: If your child registers for all three leagues this spring you pay \$140. for the full season.

This league is open to the community. Please spread the word so that all children can take part in this wonderful opportunity!

Included in registration: Team Shirt for each sport, a ball to take home and practice with, and an award.

*Participation medals/certificates at the end of each season will be presented to each participant.

Registration Information: Complete the registration form and submit with your payment to the Athletic office by Tuesday, February 13.

Lititz Christian School- Intramural Registration

PARENTAL CONSENT, CERTIFICATION & MEDICAL AUTHORIZATION

Parents and legal guardians of minor children are asked to complete this form and return it to the school.

General Information (please print)

Student's full name _____ Birth Date _____ Grade: _____

Sport Registering for (Select All that Apply)

____ Basketball ____ Volleyball ____ Soccer

Previous Athletic Experience: _____ T-shirt size: _____

Home Address:

Parent's Names: _____ Email: _____

Father's preferred contact # _____

Mother's preferred contact # _____

Insured Parent's Employer _____

Hospitalization Insurance Company _____

Hospitalization Policy # _____

Address of Insurance Company _____

Person to be contacted if neither parent can be reached _____

Phone # of above person _____

Physician preferred _____ Hospital preferred

Medical History on the back of this page.

Medical History

Is your child presently being treated for an injury, illness or have any physical handicap which would prevent him/her from participating in normal rigorous activity? Yes ___ No ___

(If yes, please explain)*

Is your child currently taking any medication? Yes ___ No ___

List Medications: _____

Is your child allergic to any type of medication? Yes ___ No ___

If yes, please list: _____

Does your child have any allergies other than to medicines? Yes ___ No ___

If yes, please list: _____

Has your child had any injuries requiring medical attention in the past 2 years Yes ___ No ___

(If yes, please explain)*

Any surgical operations or hospitalizations in the past 2 years Yes ___ No

(If yes, please explain)*

Does your child have full use of both eyes Yes ___ No ___

(If no, please explain)*

Past or present physical problems or conditions: (Knees, back, etc.)

Medical Treatment Authorization Consent & Certification

I, the undersigned, being the parent or legal guardian of the student named above, do hereby consent to the participation of my child in all of the regularly scheduled camp or clinic activities of the Lititz Christian School of Lititz, Pennsylvania. Further, I certify that my child is physically fit (except as noted above) and adequately trained to participate in such events.

I understand that I will be notified in the case of a medical emergency involving my child. However, in the event that I cannot be reached, I authorize the calling of a doctor and the providing of necessary medical services in the event my child is injured or becomes ill. I understand that the school will not be responsible for medical expenses incurred, but that such expenses will be my responsibility as parent/guardian.

I agree to notify the school in the event of any health changes which would restrict my child's participation in any normal activities. I also understand that the adult supervisors reserve the right to restrict my child from any activity that they do not feel is within the physical capabilities of my child.

I hereby give consent for my son/daughter to engage in sports activities as a representative of Lititz Christian School for the interscholastic sport(s) checked on this form. I will assume all responsibility for the treatment of injuries not covered by school insurance, and the replacement of lost equipment that has been assigned to him/her during participation in this program

Signature of Parent/Guardian

Date