



**2020**

**Return to Play  
Guidelines**

## **Contest Guidelines:**

### **1. Away Team To Contest Site**

- A. Middle School and Varsity rosters should be uploaded to the Dropbox folder at least 24 hours prior to your first league scrimmage or contest. AD will provide the opposing team's roster to the scorebook keepers.
- B. Host AD/ Game manager should direct visiting team to their bench and provide any necessary instructions for seating to include the coaching staff, athletes, game staff (book keeper, etc)
- C. The host school should provide hand sanitizer for each bench.
- D. Host AD/Game manager should describe bathroom use protocol to visiting school.  
Example: only 1 person at a time will be permitted into the bathroom.
- E. Locker rooms should be closed and not accessible. Teams will be given an appropriate room for meeting and storage of belongings.
- F. Visiting teams should arrive dressed in game attire and be ready for warm-ups
- G. Student-athletes from both teams should bring their own water and bottle.
- H. Shared water will not be provided for either team at the contest site. However the host site may provide individual water bottles for limited use.
- I. A wellness and symptom check for the visiting school should be done prior to arrival at the host site. The host school will not be responsible for verifying the health of the visiting athletes.
- J. Please do not allow a student-athlete with a temperature of 100.4 or greater to travel with the team or attend the contest.
- K. Host team should introduce visiting coaches to the Athletic Trainer if there is one available.
- L. For indoor sports when there will be a MS/HS doubleheader—The team arriving to play the second game should remain in the area designated by the AD/game manager until signaled to enter the gymnasium.
- M. For lightning storm delays, the visiting team should plan to immediately return to their team bus / vehicles. They will not be permitted into the school.
- N. The Commonwealth's mandated requirements and those of the PIAA will be followed by each school at the Middle School and High School levels.
- O. Pop-up tents (canopies) are not permitted for any benches or spectators at any CCAC league contests at this time.
- P. Spectators are encouraged to bring their own seating as bleachers may not be available for outdoor events.
- Q. Each team is responsible for providing and disinfecting their own warm-up balls.

## **COVID-19 Considerations**

1. The CCAC recommends STRICT ADHERENCE by schools and teams to their school-adopted Health and Safety plans and the PIAA Return to Competition guidelines at the MS and Varsity levels.

2. An athlete who exhibits a fever of 100.4 or a loss of taste or smell should not be permitted to play in the contest and should be physically distanced from everyone on site until someone arrives to transport the person home from the contest site.
3. When an indoor doubleheader is scheduled, the gymnasium should be cleared after the first game/match is completed. There should be a minimum period of 15 minutes and no more than 30 minutes after the gym is cleared for disinfection of the gymnasium and equipment to occur. Following the disinfection time, the next teams will be signaled to enter the gymnasium to begin warm-ups. This disinfection time will not be followed for a doubleheader involving the same group of student-athletes (e.g., MS "A" and "B" volleyball matches between the same 2 schools).
4. When a doubleheader occurs (#3 above involving MS contest followed by HS contest), the visiting team playing in the second game should remain in designated area until signaled to enter the gym to begin warm-ups.
5. If an athlete tests positive for COVID-19, the entire team will be quarantined from interscholastic competition for 2 weeks or 10 days, depending on CDC Guidelines at the time of the test.

**CCAC Face Covering Statement:**

The CCAC requires spectators, game personnel, coaches, and athletes to wear an appropriate face covering at all times upon entry of a school and throughout the duration of their time inside that school (except where medical exemptions apply). The CCAC recognizes that individual schools may conclude that requiring an athlete to wear a face covering while they actively participate in a contest may be "unsafe to do so" or "cause a medical condition, or exacerbate an existing one, including but not limited to respiratory issues that impede breathing". As a result of that possibility, the CCAC will not penalize any player or team for not wearing a mask while engaged in physical exertion during contests. Schools should individually evaluate and implement practices that maximize the health and safety of their student athletes. It is of utmost importance to be diligent in encouraging athletes, coaches, game workers, and spectators to follow universal COVID-19 mitigation strategies.